

MEDICAL & CHEST X-RAY CERTIFICATE

- APPLICANT'S NOTES



This information will help you complete the Medical and Chest X-ray Certificate, (NZIS 1007). This form will be referred to as “the medical certificate” in this leaflet.

GENERAL INFORMATION

What is the certificate for?

Applicants for entry to New Zealand are required to have an acceptable standard of health (the accompanying Health requirements for entry to New Zealand (INZ 1121) has more details). The medical certificate (NZIS 1007) records information about your health that Immigration New Zealand requires to assess whether you meet this standard.

When do I use this medical certificate?

You must use this certificate if you are applying for a temporary visa or permit for New Zealand and you intend to stay longer than **12** months or if you are applying for **residence**.

What if I submitted a medical certificate with my last application?

If you are applying for residence you will need to submit a new medical certificate.

You may not need a new medical certificate if you are applying for a temporary visa or permit and you have submitted a medical certificate completed and dated by a medical practitioner within the last 24 months with a previous application. Your case officer will let you know if a new medical is required.

Where do I go to have my medical examination?

In countries where Immigration New Zealand has an approved list of panel doctors and radiologists this certificate must be completed by a listed medical practitioner and a listed radiologist. Please see our website at www.immigration.govt.nz/paneldoctor to find your nearest panel doctor.

If you live in a country which does not have any panel doctors, a registered medical practitioner, preferably your own general practitioner can complete this certificate.

Note: There are no panel doctors in New Zealand. If you are in New Zealand and you do not have a doctor please refer to the telephone book for a list of general practitioners near you.

How long will it take to complete the medical certificate?

You may have to wait to get an appointment for a medical examination, so give yourself plenty of time before you need to lodge your immigration application. Once your examination is complete it may be two or three weeks before you receive your completed medical certificate from the Medical Examiner. This is because he/she must wait for the results of your chest X-ray and blood tests.

Important note: If you have a minor illness, or if you are on a short course of antibiotics, please postpone your appointment until you are well again.

What do I bring to the medical examination?

- The Medical and Chest X-ray Certificate, (NZIS 1007), with Sections A, H, I, and J completed.
- Your valid passport, for identification.
- Three recent passport photos.
- Any spectacles or contact lenses you wear.
- Any existing medical specialist reports, particularly if you have a known medical condition.
- Details of any prescription medicines you are currently taking (including drug name and dosage).

Can I bring someone with me to the examination?

Yes, you may bring someone with you to the medical examination, and an interpreter. If you need an interpreter, please arrange this before the examination and tell the Medical Examiner when you make your appointment that you will bring an interpreter. Your interpreter may be a person from a professional service or, if that is not possible, a respected person from your community.

What is involved in completing the certificate?

This medical certificate has three components, all of which must be completed in English:

- a physical examination with a Medical Examiner,
- a chest X-ray, and
- blood and urine tests.

Some Medical Examiners will have the facilities to complete all parts of the medical certificate; others may refer you to separate X-ray and laboratory services. You may be required to give blood and urine samples at the doctor's rooms.

What about children?

All applicants, including children and newborn babies, are required to submit a completed medical certificate, or have one submitted on their behalf.

- Children under 16 must be accompanied during the medical examination by a parent or guardian.
- Chest X-rays are not required of children under the age of 11.
- Children under 15 are not usually required to undergo the standard blood tests, unless risk or clinical factors make them necessary.
- Children under five are not usually required to give a urine sample.

Your responsibilities

- **You must pay the fees.** The applicant, or the parent or guardian of a child applicant, must pay for the medical examination, the chest X-ray, the laboratory tests and any specialist reports or follow-up tests required.
- **You must tell the truth.** False statements on your medical certificate may result in your application being declined, any visa or permit issued being cancelled and, if you are in New Zealand, you being required to leave the country.

What happens next?

Your medical certificate is valid for three months from the date the medical examiner signs it.

Submit your completed certificate, including chest X-ray and laboratory results, with your application for a visa or permit within these three months. If you have any conditions which affect the assessment of whether you have an acceptable standard of health, Immigration New Zealand, or its medical assessor may ask you for more information. This will be in the form of a specialist report or further tests for which you may have to visit another doctor. If you have an existing condition it will help your case if you provide as much information as possible with your certificate, including recent specialist reports.

NOTES FOR EACH SECTION OF THE MEDICAL CERTIFICATE

SECTION A: PERSONAL DETAILS

In this section you confirm your personal details and the type of work or study you will be doing in New Zealand. Please complete this section **before** you see the doctor. It is important that you answer every question because the information you provide will ensure your medical certificate is matched with your immigration application.

SECTION B: MEDICAL HISTORY

This section summarises your medical history, to help the Medical Examiner and Immigration New Zealand understand your current state of health. Please complete this section in full **with** the Medical Examiner or their representative (eg the practice nurse). If you are not sure about an aspect of your medical history, please declare it. If you have written reports from other doctors with details of existing medical conditions it will help your case to bring these to the examination with you.

SECTION C: PERSONAL DECLARATION

This section is for you to sign in front of the doctor who examines you. Children under 16 cannot sign their own declaration; a parent or guardian should sign on their behalf. When you sign the declaration you are declaring the following:

- That you understand the notes and questions in sections A and B of the certificate and that the information given about you is true, correct, and complete.
- That you understand that this declaration also applies to the chest X-ray and laboratory sections.
- That you will inform Immigration New Zealand of any relevant facts or change of circumstance about your health that may affect the outcome of your application for a permit or visa.
- That you authorise Immigration New Zealand to make any enquiries it believes necessary about the information provided on the certificate and to share this information with other government agencies (including health service and overseas agencies) to make decisions about your immigration status.
- That you authorise any New Zealand health service agency to provide information about your state of health to Immigration New Zealand.
- That you authorise Immigration New Zealand to advise the principal applicant applying for a visa or permit to which this medical certificate relates, of the progress and outcome of the health assessment made as a result of the provision of this medical certificate and any related information.
- That you undertake to pay the fees for this medical examination and you agree that you or your child will undergo, at your expense, any further medical examination required by Immigration New Zealand.
- That you agree that the Medical Examiner completing this certificate may release to Immigration New Zealand any information acquired about the health of you or your child.
- That you understand that if you make false statements, or provide false or misleading information or change this certificate in any way, your application may be declined, or your visa or permit revoked, and that you may be committing an offence and be liable to prosecution and imprisonment.

SECTION D: MEDICAL EXAMINATION

The questions in this section will be completed by the Medical Examiner to record your physical state of health. Completion of this section will involve a physical examination which may require you to remove some clothing. Your height and weight, eyesight, hearing and reflexes will be measured. The Medical Examiner will also listen to your heart and take your blood pressure, and may perform other tests to gauge your mental state, your lung capacity or other functions. Some of these tests may be performed by the nurse on behalf of the Medical Examiner.

Women aged 45 and over are required to undergo a breast examination. If this applies to you, you may nominate a specialist to perform this exam or provide the results of a recent mammogram or breast ultrasound (completed in the last six months).

SECTIONS E, F & G: URINALYSIS AND BLOOD TEST RESULTS, MEDICAL EXAMINER'S SUMMARY OF FINDINGS AND DECLARATION

These sections are completed by the Medical Examiner after he/she has examined you and seen the results of your chest X-ray and blood and urine tests.

LABORATORY REFERRAL FORM

All applicants 15 years of age and over must undergo the standard blood tests. Other blood tests may be requested by the doctor where indicated by your medical history or examination eg if you have diabetes.

You will be required to give a blood sample and a urine sample for testing. The front part of this form is for the Medical Examiner to indicate which tests are required. You must complete the reverse of this form with your details and sign the declaration in front of the person who takes your blood. This page can be detached from the medical certificate and you must take it with you when you have your blood sample taken.

Children under 15 may in some instances be required to undergo some blood tests if they have clinical indicators or risk factors for certain conditions.

CHEST X-RAY SECTION

All applicants 11 years and over are required to undergo a chest X-ray to screen for tuberculosis and evidence of other systemic medical conditions. This X-ray is required even where you have recently submitted a temporary entry X-ray report. (The temporary chest X-ray report is concerned with tuberculosis only).

This page can be detached from the main form and is for you to take with you when you get your chest X-ray. Please answer questions J1 to J6 before your X-ray but do **not** sign the declaration until you are with the radiographer who takes the X-ray.

If there are no abnormalities noted on the radiologist's report you do not need to submit the film to Immigration New Zealand.

Pregnant women and children under 11 are not required to undergo the chest X-ray examination.